

Aaronic Priesthood - Priest Quorum

FAMILY Activities		Merit Badge / Rank Advancement	Varsity Advancement	Venture Advancement
1	Read the Book of Mormon. Discuss with your family the highlights from the book, including such topics as the difference in attitude between Nephi and Laman and Lemuel, the value of obedience to parents and priesthood leaders, the need to heed the messages of Heavenly Father and Jesus Christ, the fight between good and evil, King Benjamin's wise counsel, Jesus Christ's visit to the Western Hemisphere, and the promise given in Moroni 10:4-5.	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
2	Read For the Strength of Youth, and discuss with your parents your experience in living gospel standards.	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
3	If you have not yet received your patriarchal blessing, begin making plans to do so.		Letter (4); Denali (5)	Ranger Gold (4)
4	Under the direction of your parents, organize and teach at least 4 family home evening lessons each year.	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
5	Read about the following topics in Gospel Principles or Principles of the Gospel, and teach 2 of them to your family: the Creation, death (physical and spiritual), eternal life, the Fall, forgiveness, God the Father, kingdoms of glory, mercy, missionary work, the premortal existence, prophets, the Restoration of the gospel, the Resurrection, the Second Coming, and temples.	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
6	Read Doctrine and Covenants 4, and discuss what it means to be prepared spiritually, financially, emotionally, and physically for your mission. Discuss the importance of work (see Genesis 3:19; Proverbs 14:23; 2 Nephi 5:17; Mosiah 2:14; Doctrine and Covenants 42:42).	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
7	Talk to one or both of your parents about your career goals and how you are planning to achieve them.	American Business; American Labor; Animal Science; Archaeology; Architecture; Art; Astronomy; Athletics; Atomic Energy; Auto mechanics; Aviation; Bird Study; Chemistry; Cinematography; Communications; Computers; Cooking; Crime Prevention; Dentistry; Drafting; Electricity; Electronics; Energy; Engineering; Entrepreneurship; Environmental Science; Farm Mechanics; Fire Safety; First Aid; Fish and Wildlife Management; Fishing; Forestry; Gardening; Golf; Graphic Arts; Home Repairs; Horsemanship; Insect Study; Journalism; Landscape Architecture; Law; Lifesaving; Mammal Study; Medicine; Metal Work; Music; Nature; Oceanography; Painting; Personal Fitness; Personal Management; Photography; Plant Science; Plumbing; Public Health; Radio; Railroad; Reptile and Amphibian Study; Salesmanship; Scholarship; Sculpture; Soil and Water Conservation; Space Exploration; Surveying; Textile; Traffic Safety; Truck Transportation; Veterinary Medicine; Weather; Woodwork	Letter (4); Denali (5)	Ranger Gold (4)
8	Read Doctrine and Covenants 134, and discuss with your parents how it relates to your responsibilities as a citizen of your country.	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
9	Submit the name of one of your ancestors for temple work, or write a 500-word personal history.	Genealogy	Letter (4); Denali (5)	Ranger Gold (4)
10	Read Endowed From on High, and discuss it with your parents.	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
QUORUM Activities		Merit Badge / Rank Advancement	Varsity Advancement	Venture Advancement
1	Memorize the sacrament prayers. Talk to a priesthood leader about the baptismal covenant and what it involves.	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
2	If possible, give at least 2 4- to 5-minute talks each year in a priesthood or sacrament meeting, when assigned by a priesthood leader.	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
3	Serve as a companion to a full-time missionary at least twice, when assigned by a priesthood leader. Discuss the teaching experience with the missionary.	Reading, Public Speaking	Letter (4); Denali (5)	Youth Ministries (4a,b,c, 5); Ranger Gold (4)
4	Discuss the meaning of the oath and covenant of the priesthood with a priesthood leader (see Doctrine and Covenants 84:33-44).	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
5	Under the direction of a priesthood leader, help teach at least 2 lessons in priests quorum meeting.	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
6	Learn the basic skills of conducting music, memorize a hymn, and lead others in singing it during opening exercises of priesthood meeting at least once a year.	Music	Letter (4); Denali (5)	Ranger Gold (4)
7	Participate in at least 1 priests' quorum service project each year.	Merit badges which require a service project include 2nd Class Scout, Star Scout, Life Scout, Eagle Scout ranks; 50-Miler patch, Hornaday award, Paul Bunyan Woodsman, Leave No Trace; Camping (9c); Crime Prevention; Emergency Preparedness (5,8); Environmental Science (7); Forestry; Medicine (10); Reading (4); Safety (6); Soil and Water Conservation; Traffic Safety (6)	Letter (3,4); Denali (5)	Youth Ministries (3a, 4a); Ranger Communication (d,e,f); Ranger Emergency Preparedness (a,b); Ranger Plants and Wildlife (4); Ranger Gold (4,5)
SPIRITUAL Development [Complete 8 of the following]		Merit Badge / Rank Advancement	Varsity Advancement	Venture Advancement
1	Speak in a quorum or sacrament meeting about the importance of honesty and integrity in daily life.	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
2	Teach a gospel lesson to younger children in family home evening, Sunday School, Primary or another meeting.	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
3	Visit a hospital or care center, and talk with or read to the patients or residents.	Reading, Public Speaking	Letter (4); Denali (5)	Youth Ministries (3a, 4a); Ranger Communication (d,e,f); Ranger Gold (4)
4	With your bishop's guidance, identify and assist 2 elderly families with tasks such as shopping, gardening, cleaning house, and painting.	Reading, Public Speaking	Letter (4); Denali (5)	Youth Ministries (3a, 4a); Ranger Communication (d,e,f); Ranger Emergency Preparedness (a,b); Ranger Gold (4)
5	Learn to play the piano or organ well enough to accompany 2 hymns in a Church meeting.	Music	Letter (4); Denali (5)	Ranger Gold (4)
6	Participate in a baptismal service by being a witness, performing a baptism, giving a talk, leading the music, or helping set up.	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
7	Encourage and invite a less-active quorum member to participate in at least 1 quorum or ward activity.		Letter (4); Denali (5)	Ranger Gold (4)
8	Continue to add regularly to your mission fund in preparation for receiving your mission call.	Personal Mgt; American Business (5); Entrepreneurship (6); Salesmanship (2b)	Letter (4); Denali (5)	Ranger Gold (4)

9	Participate in a community service project that benefits people who are not members of the Church.	Merit badges which require a service project include 2nd Class Scout, Star Scout, Life Scout, Eagle Scout ranks ; 50-Miler patch, Hornaday award, Paul Bunyan Woodsman, Leave No Trace; Camping (9c) ; Crime Prevention; Emergency Preparedness (5,8) ; Environmental Science (7) ; Forestry; Medicine (10); Reading (4); Safety (6); Soil and Water Conservation; Traffic Safety (6)	Letter (3,4); Denali (5)	Youth Ministries (3a, 4a); Ranger Communication (d,e,f); Ranger Emergency Preparedness (a,b); Ranger Gold (4,5)
10	Recite from memory the Articles of Faith and Doctrine and Covenants 4.	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
11	Participate in a ward or stake missionary preparation program. Where possible, work with the ward mission leader to participate in companionship exchanges with the full-time or stake missionaries.	Reading, Public Speaking	Letter (4); Denali (5)	Youth Ministries (4a,b,c, 5); Ranger Gold (4)
12	As assigned by a priesthood leader, speak in sacrament meeting about a righteous father and the impact he had on his family	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
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PHYSICAL Development [Complete 8 of the following]				
		Merit Badge / Rank Advancement	Varsity Advancement	Venture Advancement
1	Run 10 kilometers or 6 miles in 60 minutes or less.	Tenderfoot Scout Athletics; Canoeing; Cycling Fishing; Golf; Hiking (3); Horsemanship; Indian Lore (3); Orienteering; Personal Fitness (6,7,8) ; Rifle Shooting; Rowing (11g); Scholarship (4); Shotgun Shooting; Skating; Small-boat Sailing; Snow Sports (5); Sports; Swimming Waterskiing	Letter (2,3); Denali (4a,b)	
2	Hike 25 kilometers or 15 miles with a pack in 2 days or less.	2nd Class Scout, 1st Class Scout ; Historic Trails award; Backpacking (9a, 11a) ; Camping (9b) ; Hiking	Letter (2,3); Denali (4a,b)	Ranger Backpacking
3	Run for 30 minutes 3 times a week for 3 months.	Tenderfoot Scout Athletics; Canoeing; Cycling Fishing; Golf; Hiking (3); Horsemanship; Indian Lore (3); Orienteering; Personal Fitness (6,7,8) ; Rifle Shooting; Rowing (11g); Scholarship (4); Shotgun Shooting; Skating; Small-boat Sailing; Snow Sports (5); Sports; Swimming Waterskiing	Letter (2,3); Denali (4a,b)	
4	Swim for 30 minutes twice a week for 3 months.	2nd Class Scout, 1st Class Scout BSA Snorkeling award; Canoeing; Lifesaving Motor boating; Rowing; Small-boat Sailing; Swimming Waterskiing	Letter (2,3); Denali (4a,b)	Ranger Lifesaving; Ranger Silver (3,4)
5	Present a display or demonstrate a hobby or craft at school, in a Church activity, or at a community event.	Reading; Public Speaking; Engineering; Model Making; Collections	Letter (2,3); Denali (4a,b)	
6	Participate in a musical group that presents music in harmony with Church standards and give a public performance.	Music	Letter (2,3); Denali (4a,b)	
7	Participate on a sports team in your quorum, ward, school, or community.	Tenderfoot Scout Athletics; Canoeing; Cycling Fishing; Golf; Hiking (3); Horsemanship; Indian Lore (3); Orienteering; Personal Fitness (6,7,8) ; Rifle Shooting; Rowing (11g); Scholarship (4); Shotgun Shooting; Skating; Small-boat Sailing; Snow Sports (5); Sports; Swimming Waterskiing	Letter (2,3); Denali (4a,b)	Sports Bronze (4)
8	Learn to play or officiate for a sport.	Tenderfoot Scout Athletics; Canoeing; Cycling Fishing; Golf; Hiking (3); Horsemanship; Indian Lore (3); Orienteering; Personal Fitness (6,7,8) ; Rifle Shooting; Rowing (11g); Scholarship (4); Shotgun Shooting; Skating; Small-boat Sailing; Snow Sports (5); Sports; Swimming Waterskiing	Letter (2,3); Denali (4a,b)	Sports Bronze (4)
9	Teach the rules of a sport to another family or quorum member.	Tenderfoot Scout Athletics; Canoeing; Cycling Fishing; Golf; Hiking (3); Horsemanship; Indian Lore (3); Orienteering; Personal Fitness (6,7,8) ; Rifle Shooting; Rowing (11g); Scholarship (4); Shotgun Shooting; Skating; Small-boat Sailing; Snow Sports (5); Sports; Swimming Waterskiing	Letter (2,3); Denali (4a,b)	Sports Bronze (4)
10	As local regulations permit, organize and carry out a camping trip for your quorum. Make arrangements with the owner of the land for permission to camp there, and clean up the area before leaving.	Merit badges which require a service project include 2nd Class Scout, Star Scout, Life Scout, Eagle Scout ranks ; 50-Miler patch, Hornaday award, Paul Bunyan Woodsman, Leave No Trace; Camping (9c) ; Emergency Preparedness (5,8) ; Environmental Science (7) ; Forestry; Medicine (10); Reading (4); Safety (6); Soil and Water Conservation; Traffic Safety (6)	Letter (2,3); Denali (4a,b)	Ranger Backpacking
11	Study the needs of people with certain disabilities, and then present a plan to your parents or a priesthood leader for organizing a camping trip that includes those with disabilities.	Merit badges which require a service project include 2nd Class Scout, Star Scout, Life Scout, Eagle Scout ranks ; 50-Miler patch, Hornaday award, Paul Bunyan Woodsman, Leave No Trace; Camping (9c) ; Crime Prevention; Emergency Preparedness (5,8) ; Environmental Science (7) ; Forestry; Medicine (10); Reading (4); Safety (6); Soil and Water Conservation; Traffic Safety (6)	Letter (2,3); Denali (4a,b)	Ranger Backpacking
12	Under the direction of a priesthood leader, plan an activity close to home in which all members of your quorum may participate with little or no cost. Possible activities include a 50-kilometer or 30-mile bike or wilderness trek, a rafting or canoeing trip, or bicycle road rally.	Tenderfoot Scout Athletics; Canoeing; Cycling Fishing; Golf; Hiking (3); Horsemanship; Indian Lore (3); Orienteering; Personal Fitness (6,7,8) ; Rifle Shooting; Rowing (11g); Scholarship (4); Shotgun Shooting; Skating; Small-boat Sailing; Snow Sports (5); Sports; Swimming Waterskiing	Letter (2,3); Denali (4a,b)	Ranger Backpacking
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EDUCATIONAL, PERSONAL, and CAREER Development				
		Merit Badge / Rank Advancement	Varsity Advancement	Venture Advancement
1	Write a post-high school education or training plan. Include how your education or training might be financed. Explain how your plans will work with your goal of serving a 2-year full-time mission.		Letter (4); Denali (5)	Ranger Gold (4)
2	Enroll and participate in a university or vocational school, on-the-job training program, apprenticeship, or internship.		Letter (4); Denali (5)	Ranger Gold (4)
3	If possible, plan to visit the workplace of 3 occupations you are interested in. Write about what you did and did not like about the job and why you think it does or does not fit your long-term goals.	American Business; American Labor; Animal Science; Archaeology; Architecture; Art; Astronomy; Athletics; Atomic Energy; Auto mechanics; Aviation; Bird Study; Chemistry; Cinematography; Communications Computers; Cooking; Crime Prevention; Dentistry; Drafting; Electricity; Electronics; Energy; Engineering; Entrepreneurship; Environmental Science; Farm Mechanics; Fire Safety; First Aid ; Fish and Wildlife Management; Fishing; Forestry; Gardening; Golf; Graphic Arts; Home Repairs; Horsemanship; Insect Study; Journalism; Landscape Architecture; Law; Lifesaving Mammal Study; Medicine; Metal Work; Music; Nature; Oceanography; Painting; Personal Fitness ; Personal Management Photography; Plant Science; Plumbing; Public Health; Radio; Railroad; Reptile and Amphibian Study; Salesmanship; Scholarship; Sculpture; Soil and Water Conservation; Space Exploration; Surveying; Textile; Traffic Safety; Truck Transportation; Veterinary Medicine; Weather; Woodwork	Letter (4); Denali (5)	Arts and Hobbies (1); Ranger Gold (4)

4	With your parents' permission, obtain part-time work.	American Business (5); Entrepreneurship (6); Salesmanship (2b)	Letter (4); Denali (5)	Ranger Gold (4)
5	Learn how to find a job. Prepare a resume, and hold a practice interview with one or both of your parents or a priesthood leader.	Communications (7); Personal Mgt (9) Salesmanship (9); Hornaday Award	Letter (4); Denali (5)	Ranger Gold (4)
6	Obtain a valid driver's license with your parents' approval.		Letter (4); Denali (5)	Ranger Gold (4)
7	Prepare a personal history, including several important events in your life or your family's life. Keep a journal or personal record.	Genealogy	Letter (4); Denali (5)	Youth Ministries (4b); Ranger Gold (4)
8	In a language other than your own, learn to bear your testimony, and memorize the last 6 Articles of Faith. Also, in 5 languages, learn greetings that people would give on the street.	Cit World (9); Cit Nation; Cit Community	Letter (4); Denali (5)	Ranger Gold (4)
9	Plan and participate in a variety show at church or in the community that includes local talent.	Music; Theater	Letter (4); Denali (5)	Youth Ministries (6); Ranger Gold (4)
10	Create at least 3 paintings or drawings, and if possible, display them in a church, school, or community cultural arts event.	Art	Letter (4); Denali (5)	Ranger Gold (4)
11	Participate in a church, school, or community choir.	Music	Letter (4); Denali (5)	Ranger Gold (4)
12	Learn to play a musical instrument.	Music	Letter (4); Denali (5)	Ranger Gold (4)
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CITIZENSHIP and SOCIAL Development		Merit Badge / Rank Advancement	Varsity Advancement	Venture Advancement
1	Plan and participate in at least 1 combined activity with your quorum members and the Young Women in the ward.		Letter (4); Denali (5)	Ranger Emergency Preparedness (a,b); Ranger Land Navigation (a,b,c,d,e); Ranger LNT (b); Ranger Cave Exp.; Ranger Cycling/Mt Biking (6,7,8); Ranger Fishing (8); Ranger Hunting (4); Ranger Mountaineering (8,9); Ranger Outdoor Living History (a); Ranger Backpacking (6); Ranger Ecology (3); Ranger Cope (1,2,3); Scuba (1); Ranger Shooting Sports; Ranger Watercraft (5); Ranger Winter Sports
2	Read the section on dating in For the Strength of Youth. Discuss appropriate dating activities and conduct and the characteristics to look for in a potential spouse.	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
3	Learn good personal hygiene and grooming habits. Discuss why these skills are important to your success now and as a potential full-time missionary.	Reading, Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
4	Invite a group of newly married couples from the ward or stake to a panel discussion which they discuss how individuals should treat each other during courtship and what to look for in a future spouse.	Communications (3a)	Letter (4); Denali (5)	Ranger Gold (4)
5	Attend a social event in the ward or stake and another similar event at school. Describe to your parents or a priesthood leader how you felt and behaved in both situations.		Letter (4); Denali (5)	Ranger Gold (4)
6	Plan and carry out a cultural or social activity for a group of elderly people in your area. Consult with the ward high priests group leader in your planning.	Merit badges which require a service project include 2nd Class Scout, Star Scout, Life Scout, Eagle Scout ranks 50-Miler patch, Hornaday award, Paul Bunyan Woodsman, Leave No Trace; Camping (9c); Crime Prevention; Emergency Preparedness (5,8); Environmental Science (7); Forestry; Medicine (10); Reading (4); Safety (6); Soil and Water Conservation; Traffic Safety (6)	Letter (4); Denali (5)	Youth Ministries (3a, 4a); Ranger Communication (d,e,f); Ranger Emergency Preparedness (a,b); Ranger Gold (5)
7	Organize or assist with a crime-prevention program in your neighborhood, under the direction of priesthood and community leaders.	Merit badges which require a service project include 2nd Class Scout, Star Scout, Life Scout, Eagle Scout ranks 50-Miler patch, Hornaday award, Paul Bunyan Woodsman, Leave No Trace; Camping (9c); Crime Prevention; Emergency Preparedness (5,8); Environmental Science (7); Forestry; Medicine (10); Reading (4); Safety (6); Soil and Water Conservation; Traffic Safety (6)	Letter (4); Denali (5)	Youth Ministries (3a, 4a); Ranger Communication (d,e,f); Ranger Gold (5)
8	Ask a representative of a local law-enforcement agency to attend a neighborhood meeting, and encourage residents to watch out for one another.	Merit badges which require a service project include 2nd Class Scout, Star Scout, Life Scout, Eagle Scout ranks 50-Miler patch, Hornaday award, Paul Bunyan Woodsman, Leave No Trace; Camping (9c); Crime Prevention; Emergency Preparedness (5,8); Environmental Science (7); Forestry; Medicine (10); Reading (4); Safety (6); Soil and Water Conservation; Traffic Safety (6)	Letter (4); Denali (5)	Ranger Communication (d,e,f); Ranger Gold (4)
9	After talking with a priesthood leader, do 2 projects that will help you better understand national governments and how to preserve peace.	Merit badges which require a service project include 2nd Class Scout, Star Scout, Life Scout, Eagle Scout ranks 50-Miler patch, Hornaday award, Paul Bunyan Woodsman, Leave No Trace; Camping (9c); Crime Prevention; Emergency Preparedness (5,8); Environmental Science (7); Forestry; Medicine (10); Reading (4); Safety (6); Soil and Water Conservation; Traffic Safety (6); Cit Nation; Cit World (1,4,7); Cit Community American Cultures (5b); American Heritage (4)	Letter (3,4); Denali (5)	Ranger Gold (4,5)
10	Talk to a priesthood leader about the culture of a country or countries in which full-time missionaries are serving.	Cit World; Cit Nation; Cit Community American Cultures; Reading; Public Speaking	Letter (4); Denali (5)	Ranger Gold (4)
11	Help an elderly person participate in an election in your area.	Merit badges which require a service project include 2nd Class Scout, Star Scout, Life Scout, Eagle Scout ranks 50-Miler patch, Hornaday award, Paul Bunyan Woodsman, Leave No Trace; Camping (9c); Emergency Preparedness (5,8); Environmental Science (7); Forestry; Medicine (10); Reading (4); Safety (6); Soil and Water Conservation; Traffic Safety (6)	Letter (4); Denali (5)	Ranger Gold (4)
12	Participate in at least 2 community service projects during the year.	Merit badges which require a service project include 2nd Class Scout, Star Scout, Life Scout, Eagle Scout ranks 50-Miler patch, Hornaday award, Paul Bunyan Woodsman, Leave No Trace; Camping (9c); Emergency Preparedness (5,8); Environmental Science (7); Forestry; Medicine (10); Reading (4); Safety (6); Soil and Water Conservation; Traffic Safety (6)	Letter (3,4); Denali (5)	Youth Ministries (3a, 4); Ranger Gold (4)
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